

Training Needs Survey

April 2014

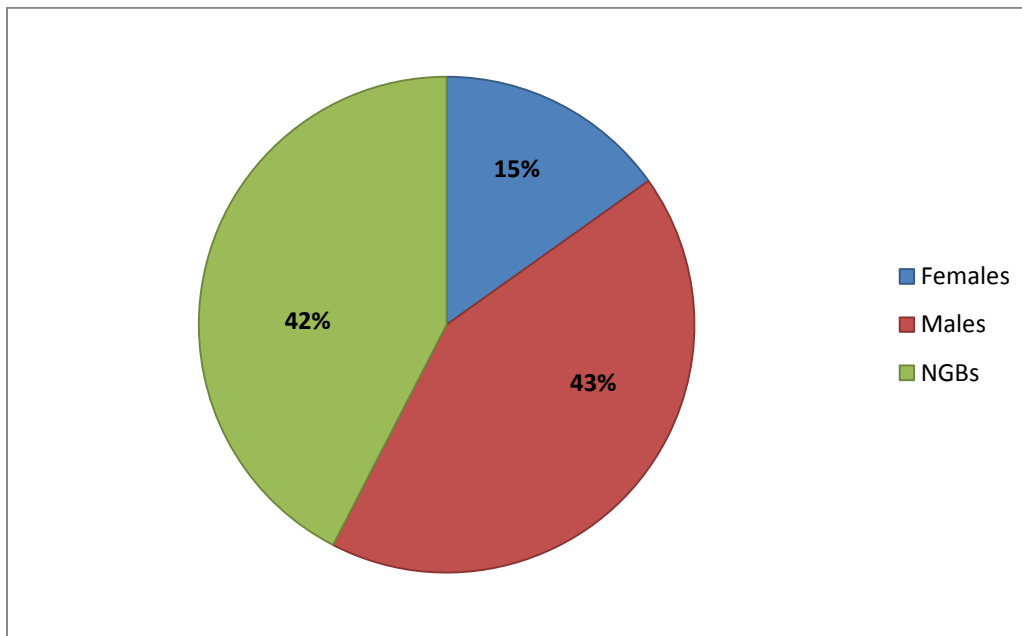
1. Introduction

Active Sussex runs a programme of workshops to provide opportunities for the Continued Personal Development (CPD) of coaches and volunteers. Coaches and National Governing Bodies of Sport (NGBs) were asked to complete a survey in April 2014 with the aim of providing local insight into CPD needs across Sussex. The survey focuses on workshops that will be delivered as part of the Active Sussex Training schedule that aims to:

- ✓ Influence a positive behaviour change in coaches through a CPD programme

2. General Information

Number of Responses



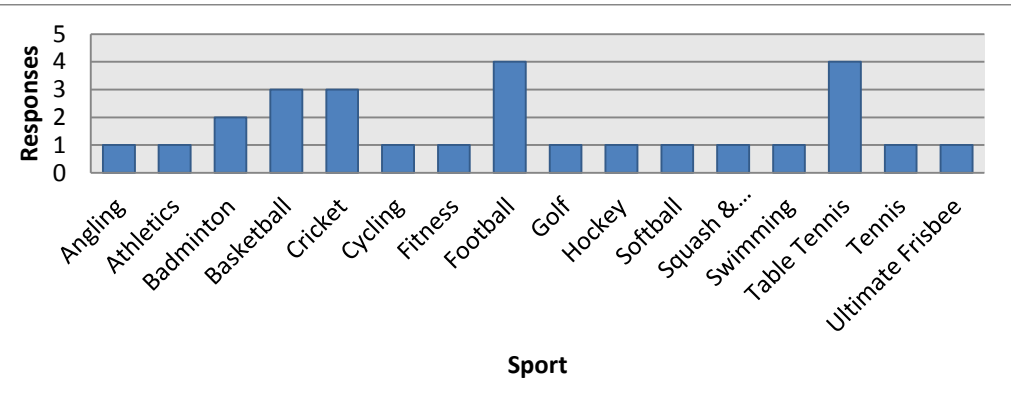
Summary

- ✓ 43% of respondents completing the survey were male, 15% female and 42% NGBs
- ✓ The survey was completed by 33 respondents in total
- ✓ 14 NGBs completed the survey. This is an additional 9 NGBs completing the survey compared to the 2013

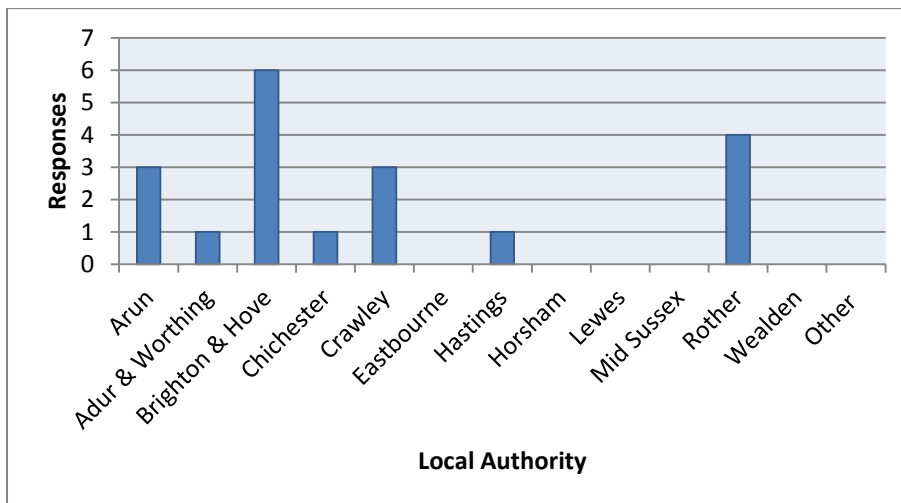
Sports Coached

Summary

- ✓ Coaches completing the survey had experience coaching in 27 different sports
- ✓ Football and table tennis were the most frequent sports coached by the coaches completing the survey



Local Authority



Summary

- ✓ 31% of coaches responding to the survey identified Brighton & Hove as their local authority
- ✓ 58% of coaches responding to the survey identified themselves as living in East Sussex
- ✓ 42% of coaches responding to the survey identified themselves as living in West Sussex

3. Workshops

Coaches Workshop Choices

	Workshop Title	Total
1	Analysing Your Coaching	7
2	How to Deliver Engaging Sessions	7
3	Coaching the Whole Child	6
4	Positive Behaviour Management in Sport	6
5	Fundamentals of Movement	5
6	How to Coach Disabled People in Sport	4
7	Safeguarding & Protecting Children 2: Reflecting on Practice	4
8	Equity in Your Coaching	2
9	Safeguarding & Protecting Children	2
10	Effective Communication: Coaching Deaf People in Sport	1
11	First Steps into Coaching	1
12	Supporting Coaches Effectively	1
	Total	46

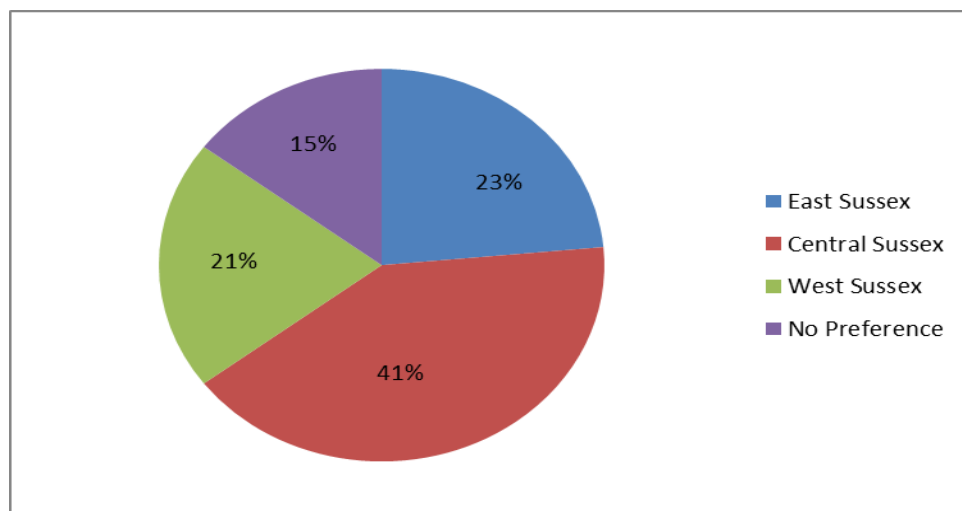
NGB Workshop Choices

	Workshops	Needs	Want	Total
1	How to Coach Disabled People in Sport	4	6	10
2	Analysing Your Coaching	2	7	9
3	Safeguarding & Protecting Children	7	2	9
4	How to Deliver Engaging Sessions	1	5	6
5	Equity in Your Coaching	3	3	6
6	Effective Communication: Coaching Deaf People in Sport	2	3	5
7	Fundamentals of Movement	3	2	5
8	Coaching the Whole Child	1	3	4
9	Safeguarding & Protecting Children 2: Reflecting on Practice	1	3	4
10	Supporting Coaches Effectively	1	2	3
11	Positive Behaviour Management in Sport	0	1	1
12	First Steps into Coaching	1	0	1
	Total	26	37	63

Summary

- ✓ Top 3 workshops identified by coaches were 'Analysing Your Coaching', 'How to Deliver Engaging Sessions' and 'Coaching the Whole Child'.
- ✓ Top 3 workshops identified by NGBs were 'How to Coach Disabled People in Sport', 'Analysing Your Coaching' and 'Safeguarding & Protecting Children'
- ✓ 'How to Deliver Engaging Sessions' workshop was ranked as the third highest 'want' by NGBs with 5 responses, however the workshop only received 1 response as an identified 'need' by the same respondents
- ✓ Other workshops identified within the survey were strength and conditioning, nutrition, SAQ and first aid

4. Course Location



Summary

- ✓ Central Sussex was the most popular location for courses to be scheduled by coaches
- ✓ Brighton, Crawley, Hastings, Horsham and Hurstpeirpoint were identified as specific locations for a workshop

5. Club and Volunteer Workshops

	Workshop Title	Total
1	Marketing and Social Media	9
2	Volunteer Recruitment and Retention	8
3	Funding Advice	7
4	Business and Finance Planning	4
5	PAYE and Employment	3
6	Governance and Organisational Structures	2
7	Safeguarding	2
8	Inclusion and Equality	2
	Total	37

Summary

- ✓ Overall the top training areas identified by NGBs for clubs and volunteers were in the following areas; marketing and social media, volunteer recruitment and retention, and funding advice

5. Summary of Results

- ✓ 43% of respondents completing the survey were male, 15% female and 42% NGBs
- ✓ The survey was completed by 33 respondents in total
- ✓ 14 NGBs completed the survey. This is an additional 9 NGBs completing the survey compared to the 2013
- ✓ Coaches completing the survey had experience coaching in 27 different sports
- ✓ Football and table tennis were the most frequent sports coached by the coaches completing the survey
- ✓ 31% of coaches responding to the survey identified Brighton & Hove as their local authority
- ✓ 58% of coaches responding to the survey identified themselves as living in East Sussex
- ✓ 42% of coaches responding to the survey identified themselves as living in West Sussex
- ✓ Top 3 workshops identified by coaches were 'Analysing Your Coaching', 'How to Deliver Engaging Sessions' and 'Coaching the Whole Child'
- ✓ Top 3 workshops identified by NGBs were 'How to Coach Disabled People in Sport', 'Analysing Your Coaching' and 'Safeguarding & Protecting Children'
- ✓ 'How to Deliver Engaging Sessions' workshop was ranked as the third highest 'want' by NGBs with 5 responses, however the workshop only received 1 response as an identified 'need' by the same respondents
- ✓ Other workshops identified within the survey were strength and conditioning, nutrition, SAQ and first aid
- ✓ Central Sussex was the most popular location for courses to be scheduled by coaches
- ✓ Brighton, Crawley, Hastings, Horsham and Hurstpierpoint were identified as specific locations for a workshop
- ✓ Overall the top training areas identified by NGBs for clubs and volunteers were in the following areas; marketing and social media, volunteer recruitment and retention, and funding advice



6. Conclusion

In the next 12 months Active Sussex Training will schedule 'Analysing Your Coaching', 'How to Deliver Engaging Sessions', 'Coaching the Whole Child', 'How to Coach Disabled People in Sport' and 'Safeguarding & Protecting Children' workshops. These will be delivered at venues mainly in Central Sussex. Workshops will be scheduled in East and West Sussex where a specific need is identified.

7. What Next?

The survey's results will now be used by Active Sussex to underpin the Active Sussex Training schedule from July 2014 to June 2015.

For further information on the survey or the Active Sussex Training contact Anthony Statham, Sports Development Manager at Active Sussex – astatham@activesussex.org or 07760 164032.

8. Additional Information

People involved in Active Sussex Training are:

Active Sussex Sports Development Manager – Anthony Statham

Active Sussex Sports Development Officer – Gina Rogers

Active Sussex Business Support Manager – Michelle Collier

Active Sussex Business Support Officer – Mike Krolaczyk

NGBs completing the survey were: Badminton, Triathlon, Boxing, Athletics, Canoeing, Judo, EMDP, Mountaineering, Boccia, Table Tennis, Gymnastics, Handball and Rugby Union